

**DELLS
NURSING
& REHAB
CENTER**

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Bifocal Bugle

Hello from the Administrator's office...

I hope this newsletter finds you well and preparing for the upcoming fall/winter (as I say that under my breath). It's hard to believe how quickly summer passed by and school is now in session. I hope all is well in each of your homes and daily lives. At DNRC, we had a very busy summer, with many events and activities that took place.

This newsletter article is very bittersweet for me as it is my last. If you haven't heard already, I will be leaving Dells Nursing and Rehab Center in early September to take on a new opportunity. My four years at the facility have been filled with many joys and it has been truly an exceptional experience being able to give back to the community that I grew up in. It has been a pleasure getting to know all of the residents, families, and staff members. I know I have created many lasting relationships.

I want to thank my staff publicly one last time. Sometimes it is a large challenge in keeping everyone satisfied when people are taking care of people. I have received many gestures of gratitude from families for the great care their family member or loved one has received or is receiving. It is not me; it is our staff so they deserve the praise.

The staff at Dells Nursing & Rehab cares to make a difference and in those ambitions we may miss something important to you. Please let us know what we can do to make something better for you or your loved one.

Wishing all of you a beautiful autumn and a safe harvest for our farmers.

Blessings,

Jadin Wendland, Administrator

Join Us As We Thank Jadin For His Time At DNRC!

On September 6th at 2:30pm we will be having a social time celebration to thank Jadin for his time at DNRC. We will be serving cake, coffee, and punch.

Is there a support group for that?

Support groups come in all sizes and shapes, and chances are if it something on your mind, there is a support group for that. Support groups are a safe, confidential place for people to interact that are in a similar situation. It is a place to listen, build support groups, educate, share and problem-solve. I included information on some support groups and their meeting times/locations below. With Google, Facebook, and “apps” it is easy to find a support group near you or create one and invite others to attend. I challenge you to join in the conversations, either as the teacher or the student, it may be exactly what is needed at that time in the disease process.

Multiple Sclerosis

<https://www.nationalmssociety.org/>

Face to face support groups in our area are:

- *Pizza Ranch at 110 E. Main St. in Luverne, MN. Theses recur monthly on the Third Tuesday, at 10:30 a.m.*
- *Brookings Hospital on 300 22nd Ave in Brookings, SD. These meetings recur on the first Monday at 7 p.m. (no meetings June - Aug)*

Alzheimer’s Association

<https://alz.org/sd>

Face to face support groups in our area are:

Alzheimer’s Association, 4304 S. Technology Dr, Sioux Falls, SD These recur monthly on Tuesdays at 6:30 pm

Parkinson’s

<https://www.parkinson.org>

<https://www.parkinson.org/Living-with-Parkinsons/For-Caregivers/Caregiver-Resources>

Please “Like”
Dells Nursing and
Rehab Center
on Facebook to
follow all the
residents
adventures!



Meet Our Nurses

I'm Ashely, an LPN, and I have been working here at Dells Nursing and Rehab Center for almost 2 years. I first became a nurse in 2014 and worked with kids for 3 years. I then decided that I needed something closer to home.

I have 2 boys Henry and Hudson, and very soon a girl will be entering this world! Henry is almost 6 and starting Kindergarten this year at St. Mary's and is very active in sports: t-ball, football, and wrestling. Hudson just turned 2 and tries to keep up with his big brother. I am currently in nursing school to get my RN and hope to take the NCLEX in



Family Picnic Provides Fun in the Sun

The Annual Dells Nursing and Rehab Family Picnic was held on Sunday, August 18th, 2019. The overwhelming theme of the event ended up being how nice the weather was. Upon a new record crowd here at the facility, we all enjoyed the sunny skies and light winds.

The meal was a picnic style with pork sandwiches and hot dogs served along with the usual favorites: baked beans, macaroni salad, and cantaloupe (which was donated by the County Fair, thanks Byron!). As always, the desserts for the event were donated by the families of our residents, and that as always turned into quite a spread. Seems to be lots of talent around here when it comes to baking the good stuff! Thanks again to everyone who helped out with the desserts.

A new feature this year was our entertainer, Bruce Dysthe who sang for us. Everyone loved him, and he was a great addition to the festivities.

In closing, lots of moving parts and people came together to make this day a success. I would have to say that all of you showing up for your family members and friends, may be the most important part of all. Thanks! It means so much to your loved ones to have you here with them. Thanks again, see you next year.



Upcoming Events:

- . September 7th at 10am-11am: Grandparents Day Breakfast
- . October 4th at 1pm: Homecoming Parade
- . October 31st at 6pm-7pm: Halloween Trick Or Treating
- . November 12th at 5pm: Soup Supper
- . November 27th at Noon: Thanksgiving Meal with Residents
- . December 8th at 2pm: Resident Christmas Party



Make sure on your next visit to check out the newly renovated gazebo in the garden area!

