

Dell Rapids Quarry Days 2016

11th Annual, ESA 5K and 1 Mile Run/Walk

Fundraiser for local community projects



AWARDS

All entrants receive an official ESA
Run/Walk t-shirt (adult sizes)

Medals awarded to top finishers in each
5K category: (15-U, 16-19, 20-29, 30-39,
40-49, 50-59, 60-Over)

Saturday, June 25th, 8:00 AM

Packet Pick up & Warm-up 7:00 – 7:45

Rickeman Field (City Ball Park)

(Subject to change due to construction)

ENTRY FEES \$20 Before June 11 - \$25 June 12-24
\$30 on race day

Register and Pay online at
www.allsportcentral.com-Event Calendar
or at www.dellrapids.org – Quarry Days

REGISTER EARLY TO GUARANTEE T-SHIRT SIZE

RELEASE STATEMENT/APPLICATION FORM

(Please use this form if unable to register and pay online.)

Date _____

I certify that I am in good health and have trained for this event. In consideration of your acceptance of this entry, I hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the organization holding this competition, their agents, representatives, successors, and assignors for any and all injuries by me at said competition.

Name _____ Applicant Signature _____

Address _____ Phone: _____

E-Mail _____ Age (on June 25, 2016) _____

Gender: M / F T-Shirt Adult Size: S M L XL XXL

Participating in (circle one): 5K 1 Mile

For competitors **under 18 years**, I, the undersigned parent or legal guardian of the competitor, hereby approve and confirm the above waiver and release.

Parent/Guardian Signature _____

For questions please contact Brenda O'Hara at 428-6032 or brendaohara@siouxvalley.net

If unable to register and pay online you can mail this application form & entry fee to:

ESA Alpha Chi, 47331 Freedom St., Dell Rapids, SD 57022

Checks payable to ESA Alpha Chi