

**DELLS
NURSING
& REHAB
CENTER**

1400 Thresher Drive
Dell Rapids, SD
57022

605-428-5478

**Upcoming
Events:**

- May 13th @ 2pm:
Mother's Day
Spring Fling
- May 13th - 19th:
National Nursing
Home Week
- May 28th: Memori-
al Day
- June 6th @
2:30pm: Jack Wil-
liamson to Perform
- June 13th: Trent
Campground
- June 23rd at Noon:
Men's Patio Picnic
- July 4th at 6pm:
Fireworks

Bifocal Bugle

Hello from the Administrator's office...

I hope this newsletter finds you well and preparing for the upcoming summer. In my opinion, summer is more than welcome to arrive after this last snow storm. Personally, this time of the year is my favorite and like yours, my schedule is already starting to look overwhelming. At DNRC, we too are preparing for a busy summer, with many events and activities planned. As your schedule allows, I hope you are able to join in on some of the activities.

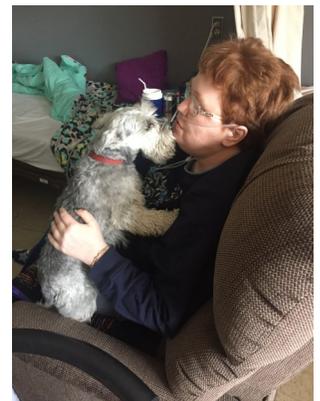
I'd like to personally recognize all of our volunteers during this news-
letter as National Volunteer Week was April 15th-22nd. We are very grateful here at DNRC for each and every one of our volunteers. We all know that life is busy. There are many more things to do in life than time. With so many things to do in life, we are very thankful that our volunteers have chosen to take time for our elderly and disabled. As always, new volunteers are always welcomed and appreciated.

Progress continues to be made at the facility with continuous updates needing to be made. Another year of ballgames at "DNRC Field" will take place in June and we look forward to hosting the community on our property. This is the baseball field on the northwest corner of the property, so be sure to stop out in the evening to catch a game.

The staff at Dells Nursing & Rehab cares to make a difference and in those ambitions we may miss something important to you. Please let us know what we can do to make something better for you or your loved one.

Blessings,

Jadin Wendland, Administrator



How to find a Dementia-Friendly Restaurants

Article exert taken from Luciane Cramer, Care Specialist and from The Purple Table Website

Two couples are seated at a table in a nice restaurant. The waiter comes to take their drink orders. “I will have water,” says Jill. The waiter takes note. “I will have iced tea,” says Karen. The waiter takes note. “I will have the lasagna,” says Brian cheerfully. The waiter frowns: “Sir, I’m taking drink orders only.” Confused and embarrassed, Brian is now unable to select a drink. Brian is in the beginning stages of dementia. Jill, his wife, steps in and orders iced tea for him. Everyone is upset.

This kind of situation can happen every time a person with dementia is out in public. Dining, shopping, visiting a museum or the local coffee shop may be some of the activities people with dementia enjoy doing and families and friends wish to accompany them. However, dementia often causes people to skip social conventions, misunderstand instructions or behave in spontaneous ways, eliciting reactions including surprise, contempt or even disgust. Depending on the reaction, a happy get-together can turn gloomy and distressing on a dime.

Frequenting places that are accepting of the peculiar behaviors of dementia patients and provide a safe environment has been a big source of comfort and joy. Here are some great strategies to optimize the family outings:

Pull the menu on-line ahead of time. Knowing what you are going to order in advance reduces anxiety.

If mobility is an issue, request a table close to the door. Call ahead, and don’t let them take you to a table all the way in the back.

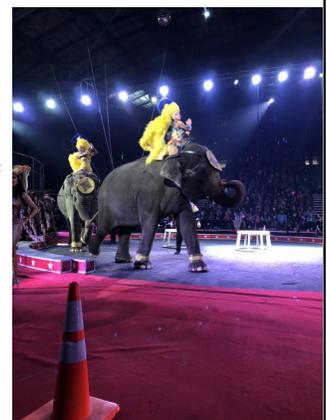
Reorganize the table. Feel free to remove sugar bowls, jellies, nick-knacks or anything that could be distracting from the table. Make the table setting look as close as it is at home.

Let them order out of order. It is OK to have desert first.

Pay the bill separately. They may be still expecting the prices to be as they were in the 1950’s. It’s best to avoid sticker shock.

Educate staff and waiters. Their understanding and disposition will have a big impact on the success of the outing. Let them know that your companion has dementia, and they may be less likely to become impatient when repeatedly told the same stories.

Bring a patience card. The Alzheimer’s Association has free “patience cards” that can be used to discreetly inform a staff member or a fellow customer about dementia. They may help in an embarrassing situation and raise awareness to the disease.



Did you know?

There is an Alzheimer's Support Group that meets in Dell Rapids?

When: 1st Wednesday of each month at 5:30 pm

Where: Lutheran Church of Dell Rapids, 701 Orleans Ave

Facilitator: Amy at 605.651.7913



A letter from the DON

Hello Dells Nursing and Rehab residents and families!

Lots of things have been happening in the nursing department in the last several months since I joined the team. In case you are not aware of them or have not had time to visit, I just wanted to share a few of things that have been going on.

We've gone electronic! All documentation for the resident record is now housed in the computer. There are no paper charts. This allows a number of staff members to have access to the chart at the same time and even document at the same time. It is a great step forward in the electronic world we live in.

Staffing goals! We have made great strides in reducing the amount of travel staff working in the building. All Nurses are now our "own" employees. This goes a long way in continuity of care for the residents. We do still have a travel staff or two each day, but this too has decreased greatly. Again, this is very helpful in terms of consistent care for the resident.

Education! We have been approved to offer in house C N A and Med Aide training. We are very excited to have achieved this because it enables us to hire and train our own people. To date we have 3 people who have become Certified Nursing Assistants, 4 others who are nearly finished with the courses and will test out in the next few weeks. We have not certified any medication aides at this point but in the month of May, we will see 1 person starting the Med Aide course and 2 more starting the C N A course. We have trained 1 dining assistant, and also plan to add another in May. We are so excited to have more people join our team. Tracy Jensen is our in house educator and Michelle Reil is our tester. It is so beneficial that the students do not have to travel to attain this certification.

Please watch for upcoming newsletters, where I will introduce you to our Nurses! In the meantime, feel free to stop in for a chat!

Colleen Chase, DON

Dells Nursing & Rehab Center



We Care to Make a Difference

1400 Thresher Drive
Dell Rapids, SD 57022
6050428-5478

Business Office

Well I think we are safe to say Spring is finally here!! I hope this letter finds all of you healthy and well. Just a few things from the Business Office, I would like to touch base on that are coming up. Please be on the lookout for your loved ones new Medicare cards being mailed out after June of 2018. Once you receive these, please bring them in at your earliest convenience, and we will make a copy for our billing records. It's very important we have the most current information, before we can bill Medicare for any skilled services. We are also willing to work together with other clinics, hospitals, etc. to help ensure they have the updated information as well.

If you happen to receive a letter in the mail regarding therapy caps, please disregard this information. The government has decided to allow exceptions to the caps, so everything will continue as normal. As always, feel free to stop in my office with any questions or even to just say hi:) Have a great Spring/Summer!

Tennile Spoonemore
Office Manager

MEDICARE		HEALTH INSURANCE	
1-800-MEDICARE (1-800-633-4227)			
NAME OF BENEFICIARY JOHN DOE			
MEDICARE CLAIM NUMBER 000-00-0000-A		SEX MALE	
IS ENTITLED TO HOSPITAL (PART A)		EFFECTIVE DATE 01-01-2007	
MEDICAL (PART B)		01-01-2007	
SIGN HERE → _____			