

**DELLS
NURSING
& REHAB
CENTER**

1400 Thresher Drive
Dell Rapids, SD
57022

605-428-5478

**Upcoming
Events:**

- July 28th: Relay 4 Life at Dell Rapids City Park
- August 3rd: Cat-fish Bay Outing
- August 8th and 9th: SF Fair Luncheon
- August 20th at 5pm: Family Picnic
- September 10th: Grandparent's Day Social
- September 15th: Dell Rapids Home-coming Parade



Bifocal Bugle

First West Nile Virus Case of Year Reported

DOH reminds South Dakotans to get in the habit of using mosquito repellent as the state's first human West Nile virus (WNV) case of the year has been detected in Davison County in the 60-69 age group.

"Most people who contract West Nile virus, about 70-80 percent, don't get sick but those who do can be severely ill," said Dr. Lon Kightlinger, state epidemiologist for the department. "While typical symptoms include fever, headache, body aches and rash, in severe cases WNV can invade the brain and spinal cord leading to stiff neck, confusion, paralysis, coma and even death.

"Kightlinger said South Dakota has a disproportionately high number of WNV cases and he encouraged residents to reduce their risk with the following precautions:

- Apply mosquito repellents (DEET, picaridin, oil of lemon eucalyptus or IR3535) to clothes and exposed skin. Limit exposure by wearing pants and long sleeves in the evening.
- Limit time outdoors from dusk to dawn when Culex mosquitoes, the primary carrier of WNV in South Dakota, are most active.
- Get rid of standing water that gives mosquitoes a place to breed. Regularly change water in bird baths, outside pet dishes, and drain water from flower pots and garden containers.
- Support local mosquito control efforts.

These precautions are especially important for people at high risk for WNV – those over 50, pregnant women, transplant patients, individuals with diabetes or high blood pressure, and those with a history of alcohol abuse. People with severe or unusual headaches should see their physicians.

Since its first human WNV case in 2002, the state has reported 2,359 human cases, including 745 hospitalizations and 38 deaths. Every county has reported cases.

DOH 6-20-17

Hello from the Administrator's office...

I hope this newsletter finds you well. It's hard to believe how quickly summer is passing by, but I hope you are enjoying every minute of it. Our summer here at DNRC has been filled with many activities and outings, which have sure made the time pass by quickly. We have participated in the Dell Rapids Quarry Day Parade, went to the Great Plains Zoo, and made our annual trip to the Trent Campground for a picnic. Speaking of picnic. Please join us on Sunday, August 20th at 5pm for our Family Picnic.

Progress continues at the facility with many things evolving. Once again, DNRC Field hosted many baseball games this summer and our Residents truly enjoyed the excitement on those evenings. I'd like to thank the Dell Rapids Baseball Association for allowing us to be a part of their site rotation. Our back parking lot was resurfaced and a few rooms have gone through updating, as well!

The staff at Dells Nursing & Rehab cares to make a difference and in those ambitions we may miss something important to you. Please let us know what we can do to make something better for you or your loved one.

Wishing all of you a beautiful autumn and a safe harvest for our farmers.

Blessings,
Jadin Wendland, Administrator

Social Services



Would you like to be reached by email? If you would like to be notified of care conferences and other basic, non-emergency type of correspondence, please let us know your email address. You can contact Beth at beth.koedam@dellsnursingrehab.com or Tracy at tracy.jensen@dellsnursingrehab.com to get your email address set up with us. Thanks!

Resident Spotlight

Lois Wiegall has lived at Dells Nursing and Rehab Center for a year. Lois married Ross and they had six kids in seven years! Lois moved from Omaha, NE to California by train so her husband, who was a welder, could work on the Liberty ships during WWII. After the war they moved back to SD to take care of Ross's parents. Lois and Ross moved to a farm and Lois became a 4-H Leader. Some of the projects she coordinated was teaching them how to lead the sheep, how to set a table, and making booklets for the kids. Lois was also an active member in her Presbyterian Church.



Fun Fact: Hanging in Lois's room is a sign that used to be on the back window of her car. It reads "Blow it out of your bagpipes!" Lois said this is the Scottish and English in her!

Activity Department Summer Adventures!



Canaries Game



Rib-Fest



Dell Rapids Garden Club



Zoo Trips



Gardening

Quarry Days Parade

Follow and "Like" us on Facebook at "Dells Nursing and Rehab Center" to see all the pictures from the trips we take!



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